

Salad Proteins

add grilled 6 oz steak \$12

add grilled OR blackened chicken breast \$8

add grilled OR blackened 4 oz salmon \$14

add 3 chilled, grilled OR blackened shrimp \$12

Sandwiches

all sandwiches come with a side of cape cod chips

The Sal Burger \$16

grilled blend of beef & pork belly on toasted brioche bun
with lettuce, tomato, onion & carolina horseradish aioli
choice of cheese: smoked gouda, American or sharp cheddar

Steak and Cheese \$18

sauteed peppers & onions, topped with muenster cheese on toasted panini roll
substitute hot cherry peppers by request

Lobster and Salmon Burger \$18

on toasted brioche bun with lettuce, tomato & garlic dijon aioli

Meatball Sub \$20

baked meatballs, house made marinara sauce & mozzarella on toasted sub

Fancy Grilled Cheese \$16

fresh tomato, basil, havarti and cheddar cheese on toasted ciabatta

Wraps

all wraps come with a side of cape cod chips

Chicken Ceasar \$16

grilled or blackened chicken breast in your choice of tortilla or spinach wrap

Buffalo Chicken \$16

fried chicken breast tossed in our house made buffalo sauce with blue cheese crumble and romaine lettuce
wrapped in your choice of tortilla or spinach wrap

Gulf Shrimp & Avocado \$18

grilled gulf shrimp, fresh avocado, crispy bacon, red onion, baby spinach and a cilantro lime aioli
wrapped in your choice of tortilla or spinach wrap

add hand cut french fries \$4

add house made onion rings \$6

add bacon \$3

add avocado \$6